



**Class: 4<sup>th</sup>      Date: 12<sup>th</sup> June, 2020**

**Subject: English**

**Today's Topic**

**Lesson- 3 (Junaid Baghdadi, the Wrestler)**

**C. Answer these questions. (Write in F.N.B and learn)**

**In the story, underline the sentences that support your answers.**

**1. Why did Junaid practice hard at the spot?**

**Ans. Junaid practiced hard at the spot in his search for excellence.**

**2. Why were people afraid to challenge Junaid in wrestling matches?**

**Ans. People were afraid to challenge Junaid in wrestling because it was almost impossible for any wrestler to defeat him.**

**3. Give two reasons why the old man challenged Junaid.**

**Ans. The old man challenged Junaid because-**

**1. He was a poor man.**

**2. The price money would help him to feed his family for a year.**

**4. Did Junaid truly fight the old man? What did he do?**

**Ans. No, Junaid did not truly fight the old man. He just pretends to fight powerfully and allowed the old man to win.**

**5. What was the sacrifice made by Junaid? Why did he do so?**

**Ans. Junaid sacrificed his match to help the old man.**

**Class: 4<sup>th</sup>      Subject: G.K. " Know and Grow with Derek"**

**Lesson -1  
(States and Union territories)**

**Today's Topic**

**Write and learn the below states and capitals in FNB.**

<b>Sr. No.</b>	<b>State</b>	<b>Capital</b>
<b>1</b>	<b>Himachal Pradesh</b>	<b>Shimla</b>
<b>2</b>	<b>Uttarakhand</b>	<b>Dehradun</b>
<b>3</b>	<b>Punjab</b>	<b>Chandigarh</b>
<b>4</b>	<b>Haryana</b>	<b>Chandigarh</b>
<b>5</b>	<b>Rajasthan</b>	<b>Jaipur</b>
<b>6</b>	<b>Uttar Pradesh</b>	<b>Lucknow</b>
<b>7</b>	<b>Bihar</b>	<b>Patna</b>
<b>8</b>	<b>Jharkhand</b>	<b>Ranchi</b>
<b>9</b>	<b>West Bengal</b>	<b>Kolkata</b>
<b>10</b>	<b>Sikkim</b>	<b>Gangtok</b>
<b>11</b>	<b>Gujrat</b>	<b>Gandhinagar</b>
<b>12</b>	<b>Madhya Pradesh</b>	<b>Bhopal</b>
<b>13</b>	<b>Chhattisgarh</b>	<b>Raipur</b>
<b>14</b>	<b>Odisha</b>	<b>Bhubaneswar</b>
<b>15</b>	<b>Maharashtra</b>	<b>Mumbai</b>
<b>16</b>	<b>Goa</b>	<b>Panaji</b>

# INDIA

## States and Union Territories



### वर्तमान ही जीवन है ( पृष्ठ-40 )

एक चिड़िया थी वह बहुत ऊँची उड़ती, इधर-उधर चहचहाती रहती। कभी इस टहनी पर कभी उस टहनी पर फुदकती रहती। पर उस चिड़िया की एक आदत थी, वह जो भी दिन में उसके साथ होता अच्छा या बुरा उतने पत्थर अपने पास पोटली में रख लेती और अक्सर उन पत्थरों को पोटली से निकालकर देखती। अच्छे पत्थरों को देखकर बीते दिनों में हुई अच्छी बातों को याद करके खुश होती और खराब पत्थरों को देखकर दुखी होती। ऐसा रोज़ करती। रोज़ पत्थर इकट्ठा करने से उसकी पोटली दिन-प्रतिदिन भारी होती जा रही थी। थोड़े दिन बाद उसे भारी पोटली के साथ उड़ने में दिक्कत होने लगी। पर उसे समझ नहीं आ रहा था कि वह उड़ क्यों नहीं पा रही।

कुछ समय और बीता, पोटली और भारी होती जा रही थी। अब तो उसका ज़मीन पर चलना भी मुश्किल हो रहा था। एक दिन ऐसा आया कि वह खाने-पीने का इंतजाम भी नहीं कर पायी अपने लिए और अपने पत्थरों के बोझ तले मर गई।

### वर्तमान ही जीवन है

प्रस्तुत लघु कहानी को सुनिए और उसके आधार पर प्रश्नों के उत्तर दीजिए-

1. चिड़िया कहाँ उड़ती थी? उत्तर - आसमान में ।
2. चिड़िया क्या इकट्ठा करती थी? उत्तर - पत्थरों को
3. गठरी भारी क्यों हो गई? उत्तर - रोज पत्थर इकट्ठा करने से उसकी गठरी भारी हो गई थी
4. 'रोज़' शब्द का एक समानार्थक शब्द लिखिए। उत्तर - प्रतिदिन।
5. 'इंतज़ाम' एक संज्ञा शब्द है, इसका संज्ञा-भेद बताइए। उत्तर - जातिवाचक संज्ञा।

\*To fill question answer in book on page number -40.

\* एक सलेख सरिता में लिखे।

### Mixed Problems on Addition and Subtraction

For example Simplify  $7/9 - 2/3 + 5/6$

LCM of 9,3,6 =  $3 \times 3 \times 2 = 18$

$$\frac{14 - 12 + 15}{18} = \frac{17}{18}$$

Q 1 Simplify the following sum in the note book.

- (a)  $\frac{1}{2} + \frac{3}{4} - \frac{7}{8}$     (b)  $\frac{5}{8} - \frac{1}{6} + \frac{7}{12}$     (c)  $\frac{3}{4} - \frac{2}{9} + \frac{7}{12}$   
 (d)  $\frac{3}{5} - \frac{7}{10} - \frac{1}{2}$     (e)  $\frac{5}{9} - \frac{7}{12} + \frac{3}{4}$

## Class-4<sup>th</sup> Subject-Science

### Assessment work

### Chapter 5 food and digestion

### Nutrients in our food

#### Roughages -

- ★ Roughages are fibres present in the food
- ★ They are not digested but they help in digestion and removal of waste.
- ★ Sources- raw vegetables and fruits.



#### Water-

- ★ We lose water when we sweat, pass urine and even when we breath out.
- ★ Water helps to maintain our body temperature and it is a part of digestive juice.
- ★ We must drink at least 6 to 8 glasses of water everyday.

### Answer the following questions.

1. What are the uses of roughages?

2. Name some sources of roughage.
3. When do we lose water?
4. How does water help us?
5. How many glasses of water we must drink everyday?

**H.W.** - Try to find out answers to these questions. Watch video for explanation.

**Class: 4<sup>th</sup> Subject- S.St.**

## Chapter -2

### India: The Great Himalayas

Watch the video. Learn and fill the following exercises in book using pencil.

*Q. 1 Choose the correct option from the following:*

**1. Himalaya means the**

- |                  |                   |
|------------------|-------------------|
| a. abode of ice  | b. abode of water |
| c. abode of soil | d. none of these  |

**Ans. (a) abode of ice**

**2. Which of the following is the highest mountain peak of the world?**

- |                     |                  |
|---------------------|------------------|
| a. Mt. Kanchenjunga | b. Nanda Devi    |
| c. Mt. Everest      | d. Nanga Parabat |

**Ans. (c) Mt. Everest**

3. Which of the following is shown in the picture?

- a. Kangri
- b. Dhazu
- c. Phiran
- d. Boku

**Ans. (a) Kangri**

4. Which of the following pair is wrong?

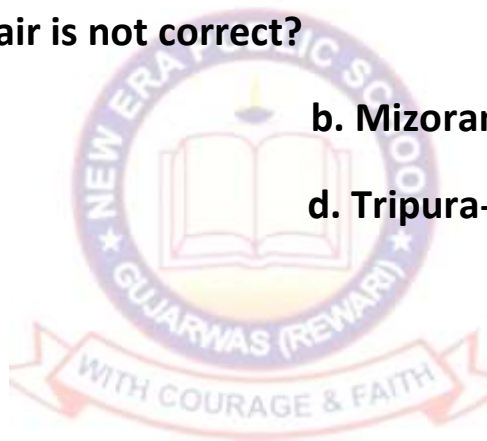
- a. Tenzing Norgay - India/ Nepal
- b. Bachendri Pal- U.K. (United Kingdom)
- c. Edmund Hillary - New Zealand
- d. Dhazu – Scarves

**Ans. (b) Bachendri Pal - U.K.**

5. Which of the following pair is not correct?

- a. Sikkim- Gangtok
- b. Mizoram- Aizawl
- c. Uttarakhand- Dehradun
- d. Tripura- Shillong

**Ans. (d) Tripura- Shillong**



**Q. 2 Fill in The Blanks.**

1. .... is the highest peak in the world.

**Ans. Mt. Everest**

2. K2 is located in the ..... range.

**Ans. Himalayan/Karakoram**

3. The Himalayas are about ..... km long.

**Ans. 2500**

4. Men and women in Kashmir wear .....

**Ans. Phiran**

5. Khasi hills are in the ..... part of India.

*Ans. Northeast.*

*Q.3 Match the following*

- |                      |   |                      |
|----------------------|---|----------------------|
| 1. Jammu and Kashmir | → | a. Badrinath         |
| 2. Himachal Pradesh  | → | b. Manipur           |
| 3. Uttarakhand       | → | c. Kangri            |
| 4. Sikkim            | → | d. Meghalaya         |
| 5. Imphal            | → | e. Aizawl            |
| 6. Mizoram           | → | f. Arunachal Pradesh |
| 7. Cherrapunji       | → | g. Dhazu             |
| 8. Itanagar          | → | h. Boku              |

