



# NEW ERA Public School, Gujarwas

*A Culture in itself...*

(Affiliated to C.B.S.E., New Delhi)

**Class: 4<sup>th</sup>      Date: 11<sup>th</sup> June, 2020**

**Subject: English**

**Answers to previous question.**

Do it yourself

*Today's Topic*

**Lesson- 3 (Junaid Baghdadi, the Wrestler)**

**A. Answer these questions in one or two words. (F.N.B)**

**1. Name the sport encouraged by the king.**

Ans. **Wrestling**

**2. Who was the best wrestler in the kingdom?**

Ans. **Junaid Baghdadi.**

**3. What made Junaid an excellent wrestler?**

Ans. **Hard practice at sport.**

**4. Who took up the challenge of fighting Junaid?**

Ans. **Old man.**

**5. How did the winner thank Junaid?**

Ans. **From / In his heart.**



**Class: 4<sup>th</sup>      Subject: G.K. "Know and Grow with Derek".**

**Lesson -1**  
**(States and Union territories)**

*Today's Topic*

*Northern States*

- Our country India is the seventh largest country in the world.
- It stretches from the Himalayas in the north to the Indian ocean in the south and
- Gujarat in the west to Arunachal Pradesh in the east.

- It is divided into 28 states and 8 union territories.
- Every state and union territory has its capital.
- Today we will discuss about Northern States of India.

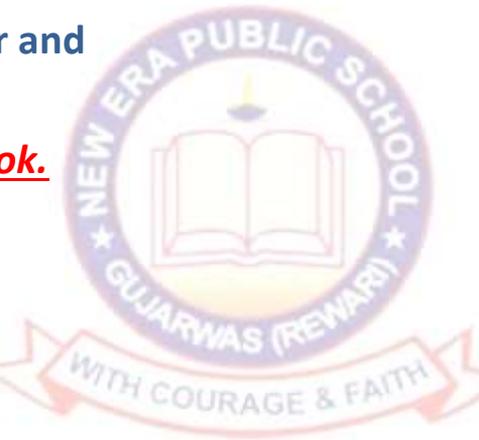
Below states are considered as Northern States of India.

Sr. No.	State	Capital
1	Himachal Pradesh	Shimla
2	Uttarakhand	Dehradun
3	Punjab	Chandigarh
4	Haryana	Chandigarh
5	Rajasthan	Jaipur
6	Uttar Pradesh	Lucknow

*The Jammu and Kashmir Reorganisation act 2019, made the provision for reconstituting the state of Jammu and Kashmir into two union territories-*

- Jammu and Kashmir and
- Ladakh

# Learn and write in notebook.



**Class -4<sup>th</sup> Subject -Hindi**

\*To write and learn word meaning of lesson -6

\* एक पेज सुलेख सरिता में लिखें।

शब्द-अर्थ

गहि - ग्रहण करना (To achieve)	काल्ह - कल (Tomorrow)
थोथा - बेकार (Useless)	पोथी - धार्मिक किताब (Religious books)
पंथी - राहगीर (Passer by)	आखर - अक्षर (Letters)
औरन - दूसरे (Others)	मनका - मोती (Pearl)
सीतल - ठंडा (Cold)	



## Vitamins and minerals

- Vitamins and minerals keep us healthy by fighting against diseases. So, they are known as protective food.
- They help us in the formation of teeth, bones and blood.
- We need them in small quantity.
- Some examples of minerals are calcium, iron, potassium, iodine and salt.
- We get vitamins and minerals are fruits and vegetables, milk and eggs.



Sources of vitamins and minerals

### Answer the following questions.

1. Why vitamins and minerals are known as protective food?
2. They help in the formation of teeth, \_\_\_\_\_ and blood.
3. Name some minerals.
4. Write the sources of vitamins and minerals.

**H.W.-** Try to find out answers these questions and write in your notebook.

**Class: 4<sup>th</sup> Subject- S.St.**

## Chapter -1 Our Country: India

Watch the video. Learn and write the following question in notebook.

Q. 11 "India is divided into 28 States and 8 Union Territories". Why? What is the need of this division? Can't we study India as a whole? Give reasons to support your answer.

*Ans. Because it is a very big country. So, Union Government alone cannot look to all the affairs of the country. This division needs for better governance. No, we cannot study India as a whole because it is a very large country.*